Initial Approval: January 13, 2016

## **CRITERIA FOR PRIOR AUTHORIZATION**

Use of Multiple Concurrent Benzodiazepines

**PROVIDER GROUP** Pharmacy

**MANUAL GUIDELINES** The following drug requires prior authorization:

Alprazolam (Xanax®)

Alprazolam ER & XR (Xanax XR®)

Chlordiazepoxide

Clonazepam (Klonopin®) Clorazepate (Tranxene-T)

Diazepam (Valium®) (Diazepam rectal gel not included)

Estazolam Flurazepam

Lorazepam (Ativan®)

Oxazepam

Quazepam (Doral®) Temazepam (Restoril®) Triazolam (Halcion®)

## CRITERIA FOR PRIOR AUTHORIZATION FOR PATIENTS RECEIVING MULTIPLE BENZODIAZEPINES CONCURRENTLY:

- Three or more different benzodiazepines used concurrently within 30 days will require a prior authorization:
  - o Peer-to-peer consult with health plan psychiatrist, medical director, or pharmacy director for approval
  - o Patients with documented seizure diagnosis will automatically be approved

**LENGTH OF APPROVAL:** 6 months